

THIS CHRISTMAS WE ARE GIVING TO THOSE LESS FORTUNATE.

We've set up a food bank at our St Albans office to ensure local homeless charities are fullystocked with supplies and are able to provide food for as many people as possible this Christmas.

We will donate all of the food collected to local charities **Centre 33**, **Herts Young Homeless** and **St Albans Salvation Army** during the week commencing 12th December 2016.

These charities provide vital support, resources & sustenance to the homeless community and in the winter months the work they do is even more important.

If you would like to support our festive foodbank, please drop off any donations between 8.30am-6pm Monday to Friday at SA Law's St Albans office. Thank you.

Please see below a list of items that are recommended donations.



RECOMMENDED ITEMS FOR FOODBANK DONATIONS

- TINNED & DRIED GOODS; VEGETABLES, FRUIT, MEAT, BEANS, ETC.
- TEA & COFFEE
- PASTA & RICE
- POT NOODLE
- LONG LIFE MILK
- BISCUITS
- SOUP
- COOKING SAUCES
- INSTANT MASH
- CEREAL BARS
- SUGAR
- COOKING BAGS FOR PUTTING FOOD IN THE KETTLE
- FRAY BENTOS PIES



The above are recommendations, please feel free to donate goods you feel are appropriate for this cause.